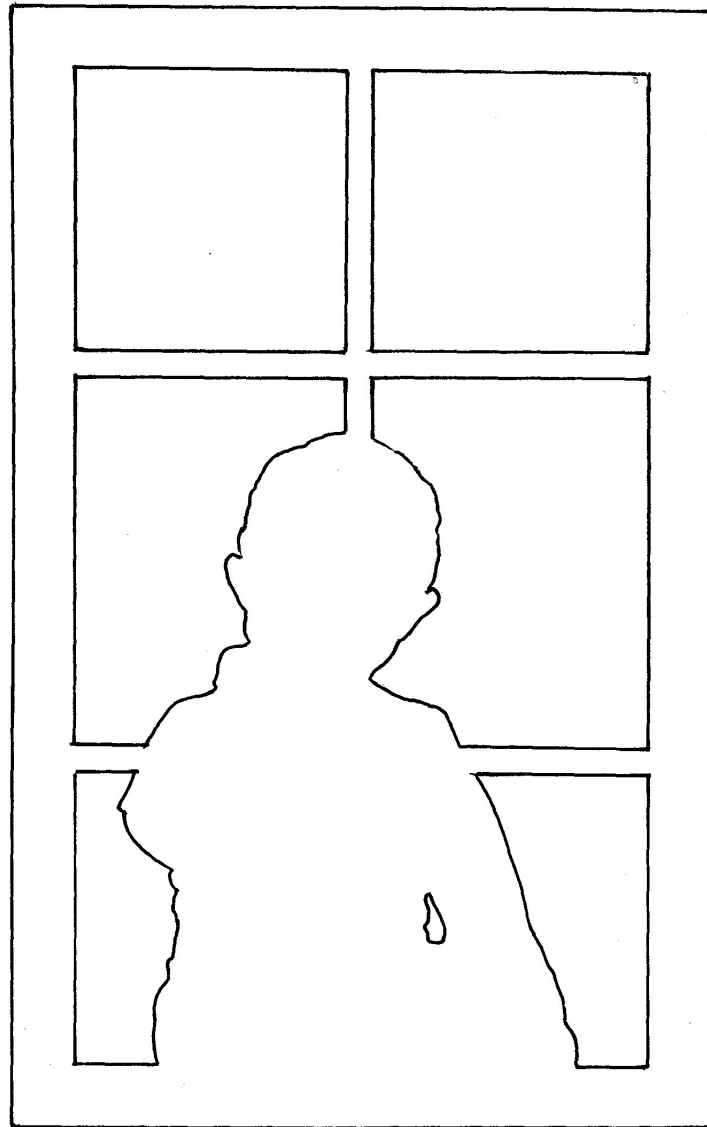


OBSERVANCE

MAY

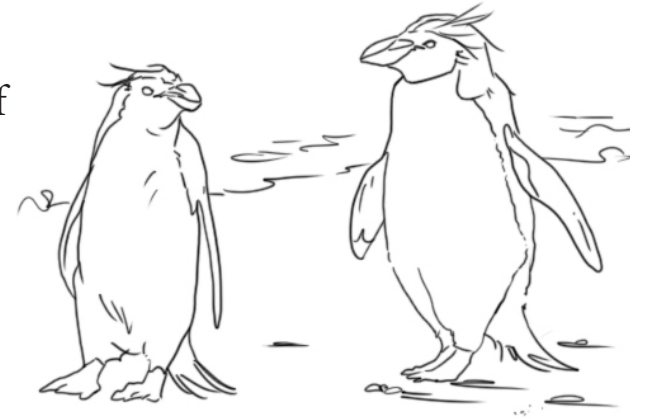
This month we pay tribute to the generations of Asian American Pacific Islanders (AAPI) who have enriched our nation's history through their countless contributions, vibrant cultures, and rich heritage.

AAPI encompass a diverse group of cultures, ethnicities, races, and languages. They include all Americans who trace their ancestry back to the Asian continent and the many Pacific islands of Melanesia, Micronesia, and Polynesia.

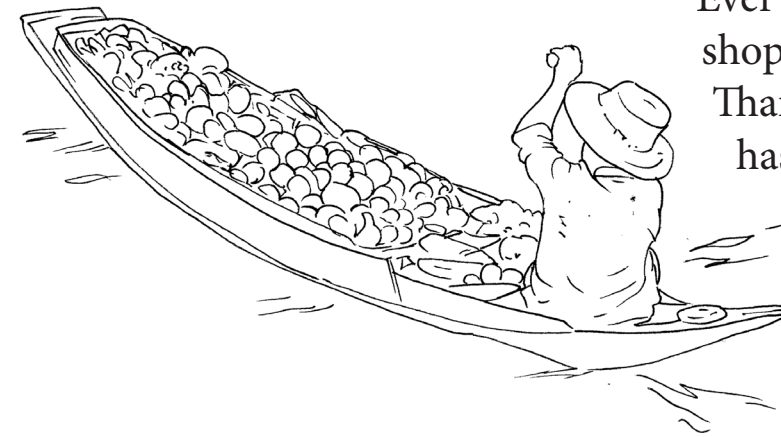


FUN FACTS

An island of penguins! That's right, the icy Arctic isn't the only place penguins call home. New Zealand is home to 13 of the 18 different species of penguins, including the kororā, or "little penguin" that only reaches about 10" tall. Penguins were an important figure in legends of the Maori people—the natives of New Zealand.



Ever wanted to go grocery shopping in a boat? Well in Thailand, you can! Thailand has 1430 islands, making water a major means of transportation. Floating markets are a part of daily life for many people in Thailand.



Can't wait to grow up, huh? Well, up until very recently, in Korea age is calculated is a little different than most of the rest of the world. Korean babies are born already being considered one year old! How would you like to be one year older than you are today?



MAKE A ZEN GARDEN

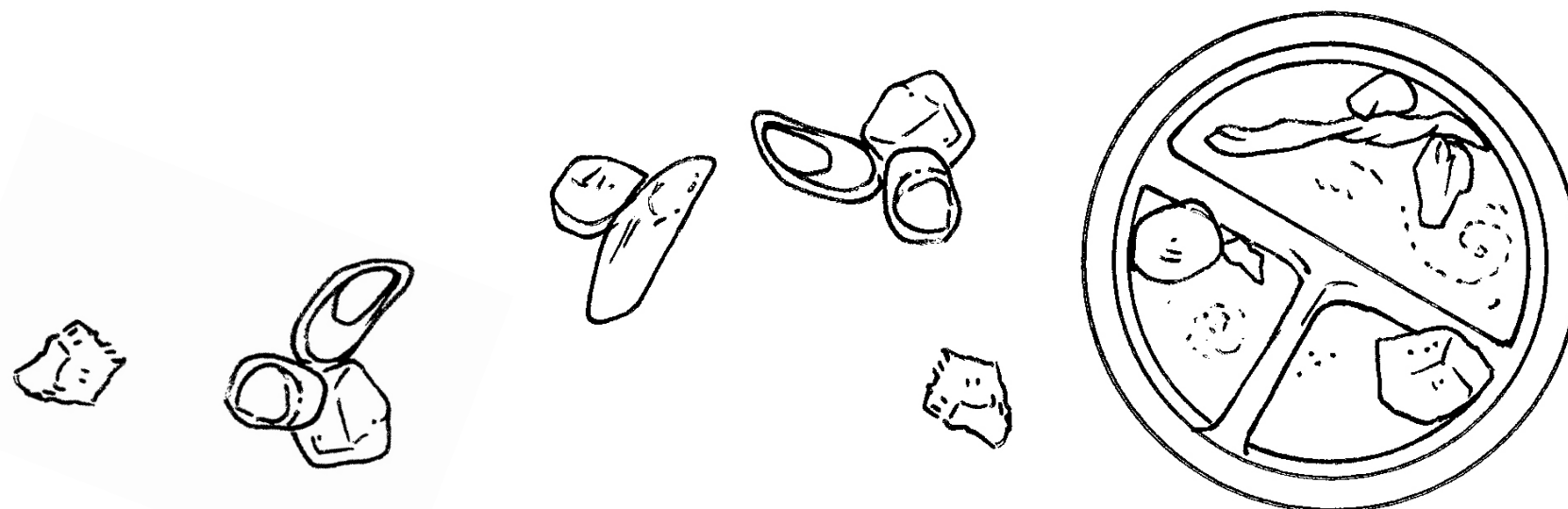
Items you will need:

A shoe box or box about that size

Some sand or gravel to fill the box with about 2" of sand

A few rocks of different sizes

A plastic fork (this is your rake!)



How to put your Zen Garden together:

1. Pour your sand or gravel into the box and gently shake it side to side so it is mostly level.
2. Consider how you would like to place your rocks. Is it in a straight line from biggest to smallest? Random placement? There is no wrong answer!
3. Use your "rake" (fork) to draw some patterns in your gravel/sand. You can trace the shape of your rocks or come up with any pattern you like. Whatever pattern you feel reflects your mind.
4. Remember, try not to think too hard! Your Zen Garden is supposed to help you find peace from overthinking, or your wondering mind, so allow your thoughts to

